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## Food For Thought



*Burnley Express – 18<sup>th</sup> November 2005*

Five Burnley caterers have achieved new Catering for Health awards, setting the standard when it comes to healthy eating outside the home. Representatives from Santa's Pizza, Sainsbury's staff canteen, Cafe Culture at Thompson Centre, Burnley General Hospital canteen and Crow Wood Leisure Club cafe were represented with their prestigious awards at Burnley Town Hall by Mayor Counc. Roger Frost.

The awards backed by health chiefs and Burnley Councils Environmental Health Department were presented to the caterers who have shown a commitment to customer's health by offering healthier food choices and smoke-free environments.

Dianne Gardener, Senior Health Promotion Specialist for the Trust said: "The challenge for today's caterers is to help customers achieve good health while still providing tasty and enjoyable food. This award helps them by providing information on how they can best meet this challenge. The five caterers that have achieved the award have already taken steps to promote healthy eating such as having reduced fat alternatives for spreads, leaflets on healthy eating for customers, a high standard of hygiene, and who have all taken steps to be smoke free. All these actions can make a big difference to their customer's health – often without the customers even knowing it."